## April

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 12pm Infant Playdate 1pm Mommy & Me Yoga 4:3opm Kids Ability 5:3opm Sport Skills	11am Outdoor Mommy and Me Stroller Fitness	3 11am Mommy Strength Workout 5pm Kids Physio Group	4	5 11am Mommy and Me 6 <sup>th</sup> Street Hike	6
7	8 12pm Infant Playdate 1pm Mommy & Me Yoga 4:3opm Kids Ability 5:3opm Sport Skills	9 11am Outdoor Mommy and Me Stroller Fitness	11am Mommy Strength Workout 5pm Kids Physio Group	11:30am Gross Motor Milestones Drop in with Registered Physiotherapist Lana	11am Mommy and Me 6 <sup>th</sup> Street Hike	Drop in Youth Group with Registered Social Worker Rylie Ages 12-15
14	15 12pm Infant Playdate 1pm Mommy & Me Yoga 4:3opm Kids Ability 5:3opm Sport Skills	16  11am Outdoor Mommy and Me Stroller Fitness	17 11am Mommy Strength Workout 5pm Kids Physio Group	18	19 11am Mommy and Me 6 <sup>th</sup> Street Hike	20
21	12pm Infant Playdate 1pm Mommy & Me Yoga 4:3opm Kids Ability 5:3opm Sport Skills	11am Outdoor Mommy and Me Stroller Fitness	24 11am Mommy Strength Workout 5pm Kids Physio Group	25	26  11am Mommy and Me 6th Street Hike	27
28	12pm Infant Playdate 1pm Mommy & Me Yoga 4:3opm Kids Ability 5:3opm Sport Skills	11am Outdoor Mommy and Me Stroller Fitness				

For more information about our upcoming events please call 705-444-6694 or email us at info@oscarsplace.ca