



## DEVELOPMENTAL CHECKLISTS

### FINE MOTOR DEVELOPMENT BY FIVE YEARS

- Holds crayon with a mature grasp
- Effectively uses a fork to feed self
- Cuts along a straight line with scissors
- Able to dress self, may still need help with shirts/jackets
- Uses one hand consistently for fine motor tasks
- Starts to draw more realistic drawings
- Able to colour inside the lines of a picture
- Able to print some capital letters

### SOCIO-EMOTIONAL DEVELOPMENT BY FIVE YEARS

- Shows awareness of moral reasoning, such as fairness, good and bad behaviour
- Develops friendships
- Expresses increased awareness of other peoples feelings
- Enjoys imaginative play with other children
- Improved sharing and turn taking
- Plays games with simple rules
- Able to stick with a difficult task for a longer period of time
- Shows an understanding of right and wrong
- Listens while others are speaking

### BOWEL/BLADDER DEVELOPMENT BY FIVE YEARS

- Able to use the toilet appropriately & is fully potty trained
- Has daily (or every other day) bowel movement
- No leaking or poop accidents
- Should be able to "hold it" if needed

### GROSS MOTOR DEVELOPMENT BY FIVE YEARS

- Hops on one foot
- Balances on one foot for 10 seconds
- Catches a bounced ball consistently
- Moves forward and backwards without loss of balance
- Swings and climbs on playground equipment independently
- Walks up and down stairs without support
- Begins to skip
- Runs while changing directions

### SPEECH AND LANGUAGE DEVELOPMENT BY FIVE YEARS

- Pronounces most speech sounds correctly
- Able to participate in and understand conversations even in the presence of background noise
- Able to recognize familiar signs (e.g. stop sign)
- Makes up rhymes
- Hears and understands most of what is said at home and school
- Able to listen to and retell a story
- Able to ask and answer questions about a story
- Knows all letters of the alphabet